



**NCEA Externals
start 10 November**

Top 10 Exam Tips from Really Useful Resources:

1. Pay attention to what you wish to learn. Forcing yourself to remember something will achieve a recall 20 to 60% greater than if you don't make the effort. Spend half your time in reading and note taking and the rest in reviewing ordering and outlining. Little and often is most effective. Do 20 minutes then take a break.
2. A 50% increase in revision time equates to a six fold increase in recall. Never be without notes or books. Time planned is rarely wasted.
3. The more ways of stimulating your brain the more you will remember. Write things down, use colourful highlighters, pin study cards to the wall, or stick notes around your desk. Shuffle notes into smaller and smaller topic groups. All of these activities will give structure to random pieces of information and help funnel down from general to the specific. Test yourself frequently. Visualise your thoughts or map them out on the carpet. Walk around conducting an internal conversation or describe what you're learning to others. Things won't happen by magic, so be creative and marvel at what you can remember.
4. It's never too late to study. Often in an exam you will have a moment when you recognise something you looked at "just last night". Try to have lots of these moments.
5. As you get close to an exam, concentrate on the stuff you know best. This is the money in the bank. Don't leave the exam without having spent it all. Better to know 100% of one thing than 1% of a hundred things.
6. In an exam, keep the scoreboard ticking over. Don't waste precious time trying to squeeze an extra mark from a question you're struggling to finish. Move on and score big from a new question.
7. Examiners are not out to ambush you. Questions are designed to be frameworks upon which you can hang your knowledge. They are tests of what you know, not what you don't know. Answer them with this thought in mind. You don't have to create a new theorem or write a totally new Harry Potter book during an exam. Use material you have practiced before in course work and in class.
8. Spend a few minutes glancing through the questions. Like scouring the gossip columns, certain key words, phrases or names will leap out at you. That same technique will give you a sense of which questions you should spend time on. Don't rush in and struggle with question one when question ten might require all of your efforts.
9. Eating well does more to keep your mind awake than drinking coffee. Sleeping well does more to prepare you for a week of exams than burning the midnight oils. Exercise will stimulate the mind and body and doing something, anything, is always a better form of stress relief than doing nothing at all.
10. There is an old theatrical saying. "If you enjoyed the show, tell your friends and come again next week". Really Useful Resources provides great study aids, books and on line resources. If you like our products let us know or tell your friends. Easy ordering online.

SCHOOL MEMORABILIA



The school is currently collating school memorabilia and wondered if anyone has any of the old school magazines or any other items that they would like to donate?

Any queries, please contact Mrs Hutchins 208 9130 ext. 850 or email: jhutchins@gore-high.school.nz

Gore High School v Southland Boy's Hostel

Jonah Karena-Tutapu (picture on left) about to run past one of the opposition.

Matt Hunt (picture on right) pushing off a tackle from a Southland Boys' opponent.

The team had a great season, and thanks goes to Shane Pewhairangi and Rocky Crown for coaching the boys. Many thanks also to the parents who supported the boys.

Can the boys please return their tops, to Dawn Ross, this week.

(Photos supplied by Dawn Ross)



SPORTS NEXT YEAR

Are you interested in Coaching or Managing a Gore High School sports team next year.

Please contact: Dawn Ross on 208 9130 Ext 4

OR

Email: dross@gore-high.school.nz

WEEKLY HEALTH NURSE VISIT

The Public Health Nurse attends the school every Tuesday from 1.30 pm to 2.00 pm.

If you have a medical query that you would like to discuss, please see Mrs Barclay to make an appointment.

FRIDAY NIGHTS

What do you do on Fridays? If you are keen for good times, want to hang out with your mates, then come to Calvin Youth at Calvin Church on Fridays during Term 4.

Year 9 - 10, 7:00 pm - 9:00pm, Year 11 - 13, 7:30 pm - 9:30 pm.

Term activities are available on www.calvin.org.nz under youth.

Friday 4 November 2011

Gore High PTA Fireworks Extravaganza

A & P Showgrounds

Gates open at 8.00 pm

Foot Traffic only

\$5 per person

\$15 per family (2 adults and up to 3 children under 16)

Food & Drinks

NO ALCOHOL ALLOWED

Cancellation date Saturday, 5 November

ROAR



SHELLY MILLER HEALTH TRUST

The Shelley Miller Health Trust is fundraising to support the family of Mackenzie McLeod. Mackenzie is from Pukerau, and at the tender age of six has relapsed with Acute Myeloid Leukemia. This bright bubbly girl is now in Auckland Starship Hospital having a Bone Marrow transplant.

The trust is asking for donations to support her family as her parents Michael McLeod and Dale Oliver are unable to work as they understandably wish to be at her side. It is important that Michael and Dale are able to give Mackenzie as much time and energy as possible and if we can relieve their financial pressures so that they personally are no worse off for making her their priority.

Donations can be made at Pukerau School or the ANZ - Gore branch by direct credit: Shelly Miller Health Trust, ANZ Gore 010926-0043530-00

Reference: Mackenzie

CAREERS CATCHUP

Year 13's are receiving their leaver's packs this week. These packs contain good information for students leaving who are to move onto tertiary study, or beginning a career. These packs contain information on banking, budgeting, youth issues and career choices. We would like to thank businesses who have contributed to these packs - including Westpac, Solid Energy and Avon.

Scholarships are still coming into the Careers Department. Students should also check newspapers as most scholarships are advertised in their public notices.

Gateway interviews will begin on Tuesday 15 November. All students involved have been given their interview time, and parents are encouraged to attend.

KEY DATES TO REMEMBER

Seniors leave - 9 November

NCEA Externals start - 10 November

Orientation Day Year 8 Students - 11 November

Teacher Only Day - 14 November

Junior Exams—15, 16, 17, (and maybe 18) November

NCEA Externals finish - 30 November

Seniors return to check out - 5 December

Senior Prize Giving—Tuesday 6 December 7 pm

Teacher Only Day - 8 December

JGP and Junior Prize Giving Ceremony - Wednesday 7 December commencing at 1.30 pm **(Please note change of date)**

Graduation Ceremony - Thursday 8 December 5.30 pm **Note: Change of start time**

2012

Friday, 27 January - Senior Students Interviews

Monday, 30 January - Teachers Only

Tuesday, 31 January - Year 9's start

Wednesday, 1 February - All students start

UNIFORM SHOP

Attention Year 10 Girls

Year 10 students should now be thinking about their senior uniform for next year.

If you require a new senior summer skirt for next year please call at the uniform shop and pre-order
The Uniform Shop is open every Wednesday from 12.00 - 1.30 pm during term time.

Socks

The Uniform Shop now has in stock:
Girls white ankle socks - 3 pair pack \$13.00
Senior boys white socks - \$12.00 per pair

For Sale

Boys fully lined woollen blazer. Size 108 cm.
Excellent condition. Please enquire at the Uniform Shop.

SHOPPING BAGS REQUIRED

The Uniform Shop urgently require your unused shopping bags. We do not require supermarket bags but bags from other stores that are heavier duty i.e. Postie Plus, H&J Smiths, Glasson's etc.

Please drop these into the main office, if you have any spare.

